

درمان هایپر تریگلیسریدمی

Serum triglycerides (TG) ≥ 150 mg/dl

Repeat if non-fasting

TG:150-499 mg/dl
Primary goal: CVD risk reduction

TG:500-1000 mg/dl
Primary goal: Pancreatitis prevention

TG ≥ 1000 mg/dl
Primary goal: Pancreatitis prevention

Screen for secondary causes/exacerbating factors
Initiate therapeutic life style changes (TLC)

Repeat in 8-12 weeks

Repeat in 4 weeks

TG < 200

TG: 200-499

TG < 500

TG ≥ 500

ASCVD risk ≥ 7.5 %
10 yr

NO

YES

Start fibrate/w-3 FA

Repeat in 6-8 weeks

TG ≥ 500

Continue TLC
No pharmacotherapy

Statin \pm fibrate/EPA

Fibrate + w-3 FA (increased dose)
Consider niacin
Reevaluate diet
Refer to specialist